

# Visiting your Chiroprapist & Podiatrist during COVID-19



Infection control and other procedures in place during the COVID-19 Pandemic may change your experience when visiting your Chiroprapist & Podiatrist. Your practitioner & their staff will be using Personal Protective Equipment (PPE). Disinfection & sterilization protocols will help keep everyone safe and prevent transmission of the virus. Please ask your practitioner if you have any questions about what to expect.



Make an appointment by **phone** or **online** through e-mail/ online portal. **DO NOT DROP BY THE CLINIC**



**SCREENING** will occur when you book an appointment, and when you attend the Clinic



Enter the Clinic by **YOURSELF** unless an essential companion is needed for mobility etc. Any companion must be screened



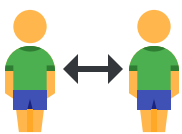
Please arrive on-time. If early **wait outside** and follow **instructions** from the staff.



Wear a **FACE MASK** or **COVERING** when attending Clinic. If you can't tolerate using one advise the Clinic.



Perform **HAND-HYGIENE** when entering and leaving the Clinic with alcohol-based hand sanitizer.



**Avoid contact** (no handshaking) and keep at least **2-metre distance** from others at all time.



**Try not to touch** anything in the waiting area and the consultation room.



Avoid spreading germs by paying with your **debit or credit card**.



Avoid using amenities / bathroom in Clinic if possible